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NEWS RELEASE

Planting Seeds of Growth
We are AEON



March 9, 2026
AEON CO., LTD.

Recognized for the Fourth Consecutive Year as a **“Health Management Excellence Corporation 2026 (White 500)”** **Promoting Physical and Mental Well-Being and a Safe, Secure, and Energetic Workplace**

AEON has been certified as a White 500 Corporation for Excellent Health Management 2026, a certification program jointly conducted by the Ministry of Economy, Trade and Industry (METI) and the Japan Health Council.

In FY2016, AEON issued its Health Management Declaration to support the physical and mental well-being of employees and their families and enable employees to build long-term careers. Since then, led by the AEON Health Promotion Office under the executive officer responsible for human resources, each group company has built its own promotion framework and has continuously worked to maintain and improve employee health.

During FY2025, under the theme “Preventing Lifestyle-Related Diseases through AEON Genki UP 5*1,” we promoted initiatives to improve employees’ health literacy. These included encouraging participation in programs offered by the AEON Health Insurance Association and holding lectures by leading experts. We also focused on improving sleep and dietary habits across the AEON Group, while continuing measures to further reduce smoking rates and increase uptake of specific health guidance. Through these efforts, we aim to reduce disease risk, raise productivity, curb unwanted turnover, and improve employee satisfaction and engagement.

*1 Five key indicators for lifestyle improvement: sleep, diet, exercise, smoking cessation, and BMI

In FY2026, under the slogan “Working at AEON makes you healthy!”, we will roll out measures focused on preventing occupational accidents among middle-aged and older employees who support the AEON Group, in line with the Ministry of Health, Labour and Welfare’s Age-Friendly Guidelines. We will foster a workplace where employees can work in good health over the long term, and promote health and wellness across the Group, including participation in the Group-wide Health Management Survey.



【AEON Health Management Initiatives】

AEON promotes health management based on the belief that the health of its employees is the cornerstone of its corporate activities and that healthy employees can only contribute to the health and happiness of customers in the community. We are also working to maintain and promote the health of our employees.

For more information on AEON's health management initiatives, please visit our website here.

<https://www.aeon.info/en/sustainability/health/?wovnSelectedLang=en>

